

Introducing Saltwater Fly Fishing

Agenda

- Meeting between 9.00 and 9.30
Introductions and safety
- Part 1—3 Effective methods
- Part 2—The Myth of distance
- Part 3—Wind, big flies, and tough times



SEAi~

Certified group facilitation and adult education.
Certified first Aid 2008.
Dip Business Management

Each course lasts for three hours. The cost of each course is 90.00 euros per person. Travel can be arranged if required.

South East Angling Ireland
8 St Johns Road
Wexford – Ireland

Phone: 053 23351
Mob: 087-9055245
Email: sportfishing@eircom.net
Web: www.bassfishing.ie

Part 4 Improved Casting Saltwater Fly Fishing South East Angling Ireland



SEAi~ SWFF part four

Course Four

Improved Saltwater Fly Casting

Welcome to this comprehensive introduction to the exciting sport of saltwater fly fishing. Today you will learn new techniques that will help improve and advance your saltwater fly casting.

Topics Covered

Safety when fishing—you, other people and the environment.

Learn how to -

1. Form tight loops
2. Load and unload your rod
3. Open your casting arc
4. Shoot line into your back cast
5. Casting into the wind various techniques

Casting techniques to help when conditions are tough and windy. Casting big flies for big fish SAFELY. All of these and many other topics covered

This course is tailored for the fly fishers with some experience and who have achieved some degree of proficiency. This may have been achieved in fresh water and now they have the desire to “fast forward” their skills and abilities to saltwater. As needed, time will be spent on identifying, explaining and correcting any casting problems presently being experienced. Learn alternate casts which become an enabling factor when coping with adverse fishing conditions.

Also learn the single and double-haul which dramatically increases line speed, making those long distance casts a reality and taking the pain out of long haul sessions.

Our goal is to assist you toward being an improved saltwater fly caster which will result not only in more fish, but will also enhance your overall fly fishing pleasure.

When we go out to practice fly casting accuracy or distance, many of us forget to evaluate important basic techniques. Distance casters often resort to the "hit it harder" method while accuracy casters execute countless, mindless, imperfect false casts. While power and lots of practice are important, effort spent on pure technique may yield even better improvements.

Fly casting may be analysed from four main categories:

1. Loop;
2. Stroke;
3. Tempo; and
4. Trajectory.

Steve Rajeff.

See you there soon?