

...I witnessed first hand, your beautiful coast, felt the warmth of your hospitality, and the superb silver fish of your fishery. I look forward to when I can return and fish again....

Ed Mitchell—US Angling Journalist



...we have find the best place for fly fishing sea bass in Europe, and the best guide.....

Herle Hamon—International fishing guide and journalist.



...thank you Jim for all the excellent moments in front of the sea and the other ones around a glass of wine or pint of beer....

Pascal Etain—International Journalist and fishing guide.

I fished in a lot of places all over the world. I know a lot of species and their catching techniques. But here in Ireland, Wexford with Jim Hendrick, I learned a new way of fishing.

Nico de Boer—International angling journalist

Cost Details

One Day Course
as outlined 165.00 for
(one or two people). 195.00
for three people.

Four three hour course
Saturday mornings or as
requested are 65.00 euros per
person per course.

SEAi~

Spring / Autumn saltwater fly fishing weekend breaks



**SEAi Supports
Catch & Release**

South east angling Ireland encourages a catch and release philosophy. Because of the vulnerable nature of the target species any attempt to maintain that stock is considered a worthwhile exercise for existing and future generations.

South East Angling Ireland

Presents

Tuition and demonstrations in

SALTWATER FLY FISHING & CASTING



SEAi~

South East Angling Ireland

Saltwater fly fishing program

South East Angling Ireland presents a program for people who wish to start or who already have started and wish to improve their saltwater fly fishing. The program is based loosely over four sessions and although one and a half hourly intervals are indicated this can extend or shorten as the customer wishes. Emphasis is placed on a relaxed and enjoyable atmosphere and lessons will be held outdoors in pleasant, practical locations and venues when possible. Lunches are not included in the cost of the program. Children over fifteen are welcome provided they are accompanied by an adult and remain under parental guidance during the program and are not charged.

Please note equipment can be provided for guests who feel they need it.

This course is not intended to develop world class fly fishermen or women. It is intended through hands on and tangible aids to demonstrate the theory behind salt water fly fishing and casting. This will entail brief explanations as to how the three major components of fly fishing i.e. the equipment, the environment and your fishing can work together for better results.

The program then seeks to develop these techniques on an individual, person by person basis. Starting with the very basics of casting and moving through to correct timing and execution, fishing techniques, clothing and helpful tips and advice.

The course will inevitably need to be as 'organic' as possible and hence timings of delivery and completion remain open ended. It is however necessary that people interested in taking the course will, upon completion, understand and be capable of (where applicable)

- **Elements of safety when fly fishing**
- The equipment and how it functions correctly
- The basics of casting a fly line and rod
- The basics of casting a fly fishing in salt water
- The importance of leaders, knots ,flies. Tides and the influences of weather.

South East Angling Ireland

Session Four 1.5 hours

Late Afternoon

- Return to some details of session three
- Safety, other methods of casting, how the three elements work together, rod, line, cast.
- Lines, rods and reels and what they do.
- Detail on accessories and what they do.
- Casting Dynamics, loops, loading and unloading, the casting arc
- **Introduction to casting part 4**
- Leaders, loops, and rollovers some tips and advice
- **Continued practice from start at waters edge**
- **Short Break**
- **Saltwater fly fishing fundamentals**
- Flies, leaders, line types, rods, clothing
- Safety, species, times, tides and seasons.
- How to fish at your best
- **End Session four**

South East Angling Ireland

Session Three 1.5 hours

Early Afternoon

- Return to some details of session two
- How, where and when to catch the fish you want
- Introduction to saltwater flies—their types and how to fish them
- Sourcing flies
- **Introduction to casting part 3**
- Adding a little distance
- Forming loops and generating speed—horizontal through vertical with timing
- Shooting line and maintaining form
- **Short break**
- Continued practice, loops, loading, etc
- **End Session three**



South East Angling Ireland

Fly casting techniques

Fly casting and techniques

Saltwater fly fishing



Session One

Introduction to Safety in FF.
Lines, rods, reels and flies
The dynamics of casting

Casting

Forming the back cast, tight loops and what they mean.

Session two

Continued introduction to
Lines, rods, reels
Starting to cast—

Casting

Loading and unloading the rod. Forming the forward cast.

Session three

The environment and
how and where to catch
the fish you want

Casting

Adding a little distance.
Shooting line and
maintaining casting form

Session four

The leader, knots and bits
and pieces. Saltwater
fishing what to do.

Casting

Controlled casting form.
Forming tight loops, loading
and unloading, casting arc.

Session five Optional
Beyond the basics—your
first fish. One full days
guiding with new skills.

Fishing

The lure of the sea,
habitat and species.

Produced by

South East Angling Ireland

Session One 1.5 hours

Early Morning

- **Introduction.**
- Where to start?
- Schedule of course timings
- Safety
- Introducing casting dynamics
- Introduction to a fly rod, line and reel.
- How they work together.
- Detail on lines and what and how important the different types are. Saltwater flies.
- **Short break**
- **Introduction to casting part 1**
- What casting is not
- The myth of distance
- What can we achieve?
- Starting to cast—Forming the back cast
- First stages—40 feet of line or so, forming a tight loop and shooting some line.
- *Revision*

South East Angling Ireland

Fly casting techniques

Session Two 1.5 hours

Late Morning

- Return to some details of session one
- Safety
- Tapered leaders, retrieves and tips and tricks.
- **Introduction to casting part 2**
- Forming the forward cast
- Controlled false casting
- What casting is not—what is good casting form
- Loading and unloading the rod when casting
- **Short break**
- Casting loops and what it means to your cast.
- Forming loops and generating speed in the line with timing
- The horizontal through vertical technique with loops and timing
- **End Session two**



South East Angling Ireland

Fly casting techniques